



Nina (Usha) Molin, MD
Director of Education Wise Earth Ayurveda®-U.S.

Dr. Nina (Usha) Molin has been a Practitioner and Teacher of Wise Earth Ayurveda since 2002. During this time, Dr. Molin has intensively studied and extensively assisted Sri Swami Mayatitananda in the dissemination of Wise Earth education. Recently, Dr. Molin has been appointed Director of Education of Wise Earth Ayurveda-U.S. She has also been awarded the distinct title of Sadhaka-Adept by Sri Swami Mayatitananda.

As a physician of Integrative Medicine and a Teacher of Wise Earth Ayurveda, Dr. Molin interfaces the science of nutrition, biochemistry and genetics with the wisdom of ancient traditions so her clients can regain and maintain health and sustain long lasting vitality and joy.

Dr. Molin is the founder of Ananda Health Center for Integrative Medicine in Lenox, MA offering individual consults, lectures and workshops in Integrative Medicine and Wise Earth Ayurveda ®.

Since June 2000, she has been a staff physician at Canyon Ranch in the Lenox where she lectures and consults in many areas including Wise Earth Ayurveda, Integrative Medicine, Women's Health, Inflammatory Disorders, Heart Disease and Preventive Medicine and has been featured in the 2003 PBS special "Live Younger Longer: The Canyon Ranch Guide to Good Health and Well-Being."

Dr. Molin is a veteran of both private and academic practice in the Berkshires since 1995 and was formally an Associate Professor of Medicine of UMASS, Worcester. She is a graduate of the State University of New York at Stony Brook School of Medicine, with post-graduate training in Internal Medicine-Primary Care from the University of Rochester, N.Y. Dr. Molin is board certified in Internal Medicine.

Dr. Molin lectures on Wise Earth Ayurveda and health in the community, and has given workshops at The NOAH Center in Great Barrington, MA, Canyon Ranch in Lenox, the Kripalu Center for Yoga and Health and Mount Madonna Institute, Santa Cruz, CA.

Her joys include teaching Wise Earth Ayurveda, dancing, theatre, travel and her family which includes her two sons, Willie and Isaac, husband, Dr. Jon Gotterer and dog, Nelly.

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