

January 28, 2009

Dear Friends,

The Beginner's Intensive Wise Earth Ayur veda ~ Women's Health and Spirituality Intensive training program for practitioners and instructors is scheduled to occur on Monday May 18th - Friday, May 22 2009 (40 course hours). This course is designed to instruct the knowledge of the long- forgotten Vedic wisdom of the lunar cycles that guide a woman's health and longevity. We welcome women practitioners who intend to put these life-generating practices firstly in their personal lives and by extension share this invaluable wisdom with women in their community. In Ayur veda education today, these priceless practices and lunar therapies for the maintenance of women's health have been defunct for more than a century. For the past quarter century, Sri Swami Mayatitananda has been restoring Ayur veda's lost therapies and lunar practices relating to women's health making the Wise Earth School one of the only schools in the world to teach this Inner Medicine healing education. This course is designed for practitioners of all genders and cultural backgrounds who intend to teach, and/or practice Wise Earth Ayur veda® in their communities.

The emphasis on this course is centered on the Ayur veda Cleansing & Nourishing practices and lunar observances for a woman's reproductive health, and well being. In keeping with Wise Earth's unique Inner Medicine sadhana methodology, participants learn to bring their monthly cycle in harmony with lunar rhythms and to guide other women to live in harmony with lunar rhythms. In this Intensive Level One course, you will also gain the knowledge of assessing your individual condition and preparing the appropriate healing regimens. You will study some of the earth-based therapies for women's health that will help you live everyday in wisdom while helping others to heal.

This course is offered to persons who have a basic knowledge of Ayur veda principles. Sri Swami Mayatitananda will unfold this course in the oral style of the traditional Vedic Gurukula, (where students spend their time harmoniously with their instructors and share in the facilitating and hands-on practice of the course). Nina Usha Rachel Molin, MD, Director of Wise Earth Education-US, will assist Mother Maya in teaching these traditions.

Due to the great demand for Wise Earth Ayur veda programs and the limited number of participants that the Wise Earth School can accommodate at any given practitioner course, we give priority for attendance to those applicants who are prepared to implement this work in their community- locally or nationally.

You will find enclosed the course application. At this time, you may address any questions you have directly to us by e-mail: ninamoln@ananda-health.com. We look forward to receiving you into the program.

In Service,

Nina Usha Molin, MD
Director of Wise Earth Ayur veda Education-US

WEP Women Application 2009

WISE EARTH AYURVEDA ~ WOMEN'S HEALTH AND SPIRITUALITY ~ LEVEL ONE INTENSIVE

May 15-22, 2009

(This course begins at 9:00am and ends at 12:00pm)

Nearest airports: Albany, NY or Hartford, CT (BDL)

APPLICATION FORM

Timeline for application: May 15th, 2009

___ I will serve the community with the knowledge I gain from Wise Earth Ayurveda

Please fill in the following information:

Name: _____

Address: _____

E-Mail: _____ Telephone: _____

Occupation: _____ Gender: _____ How Did You Learn About This Course? _____

Nearest Contact Person In The Event Of Emergency: _____

Present health condition (List Allergic reaction to foods, scents, etc. (if any): _____

(State present or past conditions of serious nature, if any): _____

Course Fee (Includes Tuition, Study Materials & Certification): \$800.00

Housing Accommodations and meals are NOT included EXCEPT lunch M-Th: Upon acceptance into the Course an email will be sent to you with accommodation options and a local guide to Health Food stores and Veg-etarian Eateries.

To Register for this Program: A deposit of \$350.00 toward your fees is required with your completed application. You'll be promptly notified of your acceptance into the course, if not accepted your deposit will be promptly refunded. Your remaining course fee will be required upon acceptance into the course.

Please, postal mail only.

Mail to: Nina Molin, MD, PO Box 82, Lenox, MA 01240

E-mail: ninamoln@ananda-health.com Tel: 413.822.0852

1. Return application with your deposit for the course no later than April 18, 2009
2. If accepted, you will receive confirmation by mail no later than 3 weeks from receipt of your application.
3. After you receive your acceptance letter, you will be asked to send in your payment in full.
4. If unable to attend the course, you must give Wise Earth School two months notice prior to course start date to cancel
5. Once accepted into this course your course fees will be entirely non-refundable
6. Wise Earth Ayur veda® program's terms of use agreement and public usage copyright conditions apply

KINDLY ATTACH YOUR BRIEF 7 YEAR HISTORY

Note: No bio is necessary if you have already attended a Wise Earth Practitioner Training Program

Your bio-data is required as part of the application process. Limit your answer to the following questions to no more than 10 lines. Bio-data length should not exceed three pages. In addition, it is imperative that you provide three current professional references in the field of Ayur veda and Yoga along with your prior educational background and studies in these fields. All applications must be sent by postal mail only to Wise Earth School. Do not e-mail your application. Improper submits and/or incomplete applications will not be processed. Be sure to answer every question as they are presented below.

Tell us about yourself:

Have you attended previous Wise Earth programs?

Are you a Holistic Instructor or Practitioner -and if so-tell us about your work?

What are your experiences as an Ayur veda practitioner and/or holistic health educator? Why do you want to study at the Wise Earth School of Ayur veda?

Do you wish to become a Wise Earth Ayur veda Instructor?

What is your understanding of Ayur veda Sadhana Practice & Inner Medicine practice?

Tell us about your daily holistic activities: nutrition, yoga, meditation, & other healing practices & spiritual arts. What vision do you hold of yourself in terms of your spiritual development at this time?

What are your goals for yourself in two years time?

Describe briefly your Strengths & Challenges Re: health concerns; family life; career.

Describe briefly your relation to your mother, father, and your children.

How did you come to hear about us?