

May 28, 2009

Dear Sadhakas,

Wise Earth Ayurveda® is pleased to present a beginner's course in Ajapa- Japa Meditation-Level 1 Instructors' Training to occur on October 23-25, 2009. In Ajapa-Japa Meditation practice, you will learn to strengthen breath, resolve thoughts, and live a life of inner harmony & non-hurting. In so doing, you can access your power of intuition and alleviate painful ancestral memories and karmas to complete wellness. You will also learn to recite Vedic mantras with precise Sanskrit pronunciations and bring forth the magic of your own personal sound. In so doing, you may begin to cleanse old karmas and cultivate the heart of ahimsa – inner harmony and healing. In other words, you are learning to heal yourself, nature, and all things that surround you.

This course is part of the Wise Earth Ayurveda Curricula developed by Sri Swami Mayatitananda, founder of The Wise Earth School of Ayurveda and a world-class teacher who has developed the nature based work of Inner Medicine® healing education and practice of Wise Earth Ayurveda®.

Nina Usha Molin, MD, Director of Wise Earth Education in the U.S. who has been awarded the distinct title of Sadhaka-Adept by Mother Maya will instruct this course.

The aim of Wise Earth Ayurveda® is to train holistic health instructors (including yoga teachers and community advocates) in the ancient, cosmic rhythm-based tradition of Vedas. New students of Wise Earth Ayurveda® who are interested in their own personal healing are also welcome to apply. Do not miss this rare opportunity to study this unique Sadhana based education we call Wise Earth Ayurveda. This popular program is at the heart of Wise Earth Ayurveda's powerful *Inner Medicine*® healing work and scheduled to be held in the beautiful Berkshires in Western, Massachusetts.

You will find in enclosure the basic details and application for this course. For further inquiries please contact ninamoln@ananda-health.com

In Service,

Nina Usha Molin, MD
Director of Wise Earth Ayurveda Education-US

P.O. Box 82
Lenox, MA 01240
413 822 0852
Fax 413 637 8146

For more information on the School of Wise Earth Ayurveda:
www.wisearth.org

**WISE EARTH AYURVEDA® ~AJAPA-JAPA ~ LEVEL ONE
INTENSIVE INSTRUCTORS' TRAINING**

October 23-25, 2009

(This course begins at 9:00AM and ends at 12:00pm)

Nearest airports: Albany, NY or Hartford, CT (BDL)

Bus Lines: Peter Pan and Bonanza

APPLICATION FORM

Application Due Date: September 18th, 2009

Please fill in the following information:

Name:

Age:

Address:

E-Mail:

Phone:

Occupation:

Gender:

How did you learn about this Course?

Nearest contact person in the event of emergency:

Present health condition (List Allergic reaction to foods, scents, etc. (if any):

(State present or past conditions of serious nature. If any, please indicate is past and/or present):

Course Fee (Includes Tuition, Study Materials & Course Credits): \$400.00

10% fee waiver applies to those taking the previous Healing Passes Training in October. 20% fee waiver applies to those taking all three level 1 training courses in 2009 including May 2009.

Housing Accommodations and meals are NOT included.

Upon acceptance into the Course an email will be sent to you with accommodation options and a local guide to Health Food stores and Vegetarian Eateries.

To register for this Program: A deposit of \$200.00 toward your fees is required with your completed application. **Please make check payable to Nina Molin, MD.** You'll be notified of your acceptance into the course within 2 weeks. If not accepted your deposit will be promptly refunded. Your remaining course fee will be required upon acceptance into the course.

Please, postal mail only.

Mail to: Nina Molin, MD, PO Box 82, Lenox, MA 01240

E-mail: ninamoln@ananda-health.com **Tel:** 413.822.0852

1. Return application with your deposit for the course no later than September 18, 2009.
2. If accepted, you will receive confirmation by mail no later than 2 weeks from receipt of your application.
3. After you receive your acceptance letter, you will be asked to send in your payment in full.
4. If unable to attend the course, you must give us two months notice prior to course start date to cancel.
5. Once accepted into this course your course fees will be entirely non-refundable
6. Wise Earth Ayurveda® program's terms of use agreement and public usage copyright conditions apply.

KINDLY ATTACH YOUR BRIEF 7 YEAR BIO

Note: No bio is necessary if you have already attended a Wise Earth Practitioner Training Program with Nina Molin, MD.

Your bio-data is required as part of the application process. Limit your answer to the following questions to no more than 10 lines. Bio-data length should not exceed three pages. In addition, it is imperative that you provide three current professional references in the field of Ayurveda and Yoga along with your prior educational background and studies in these fields. All applications must be sent by postal mail only to Nina Molin, MD, P.O. Box 82, Lenox, MA 01240. Do not e-mail your application. Improper submissions and/or incomplete applications will not be processed. Be sure to answer every question as they are presented below.

TELL US ABOUT YOURSELF:

Have you attended previous Wise Earth programs?

Are you a Holistic Instructor or Practitioner -and if so-tell us about your work?

What are your experiences as an Ayurveda practitioner and/or holistic health educator?

Why do you want to study Wise Earth Ayurveda?

Do you wish to become a Wise Earth Ayurveda Instructor?

What is your understanding of Ayurveda Sadhana Practice & Inner Medicine practice?

Tell us about your daily holistic activities: nutrition, yoga, meditation, & other healing practices & spiritual arts.

What vision do you hold of yourself in terms of your spiritual development at this time?

What are your goals for yourself in two-years time?

Describe briefly your Strengths & Challenges Re: health concerns; family life; career.

Describe briefly your relation to your mother, father, and your children.

How did you come to hear about us?

Are you planning to serve the community with the knowledge you gain from Wise Earth Ayurveda?

WEA/AJJ/2009