

Program Schedule: Honoring Our Ancestors, Honoring Life*
Wise Earth Ayurveda Workshops
At Kripalu Center for Yoga & Health

October 5th-8th, 2007

October 5th, 2007
Friday 7-9pm

Satsanga with Mother: ~ Transforming Ancestral karmas of hurt and illness into personal freedom and prosperity

October 6th, 2007
Saturday

7-8AM Japa Meditation: Releasing ancestral patterns that prevent you from owning your personal freedom and sacred ability to prosper

10-1230 Food Offering Ceremony: The act of nurturance~ converting adverse ancestral memory patterns into nourished vital tissues

2-245pm Wise Earth Ayurveda: Vedic Chanting and Breath Work

245-4:00 Japa Practice for Healing Ancestral & Karmic Scars

7:00 pm Book Signing and Darshana with Mother

October 7th, 2007
Sunday

9-12:00 Food Mandala Ceremony: Celebrating your Living Freedom

2-2:45 Wise Earth Ayurveda: Pranayama and Vedic Chanting

2:45-4:15: Transforming aggrieved ancestral memory into vital positive memory through Breath & Sound

730-9pm Satsanga with Mother: Cultivating Celestial Healing Energy ~ transforming Ancestral Baggage & Hurt into Celestial Guidance and Personal Joy

October 8th, 2007
Monday

830-1130AM Closing Ceremony-Vedic Fire Ritual: Receiving Mother's Blessings ~
fortifying your new-found Celestial Guides

* ***Honoring Ancestors*** is a revolutionary methodology culled from the ancient Vedas that has been applied by the *Rishis* for thousands of years. This practice is the most effective way to immediately free you from the pile-up of ancestral hurt, illness and despair.